

Suspected OR confirmed mucormycosis

Clinical findings:-

- facial swelling, periorbital swelling, severe headache, nasal blockage
- intraoral pus discharge, gingival abscess, teeth mobility

History taking:-

- Covid history: steroid therapy, other medication, hospital stay
- Known medical history: DM, renal failure, immunocompromised pt, malignancy

Investigation:-

- Radiological : CT PNS or 3D CT Face, MRI
- Blood investigation: CBC, CRP, HbA1c, Renal profile

Radiological findings:-

- Early stage: sinusitis
- Intermediate stage: Bony erosion in maxilla
- Aggressive stage: involvement of orbit and brain

Early stage (only sinus are involved no bony change)

- excisional biopsy (deep bone) + sinus lining
- FESS

Confirmed or late stage (bony erosion)

- Debridement and curettage till healthy bone orbital exenteration
- FESS

Test sampling:

- Bacterial or fungal cultural and sensitivity
- Histopathological investigation

Confirmed mucormycosis

Antifungal medication

Inj Amphotericin B (1.0-1.5 mg/kg/day)
Inj Liposomal Amphotericin B (5-10 mg/kg/day) } For 14 to 21 days

Tab Posaconazole GR 100 mg (step down or adjunct therapy) } For 45 days
First day -300 mg BD
Other days- 300 mg OD

Alternate day perform

- S. Creatinine
- S. Electrolyte

To avoid
Nephrotoxicity and
hypokalaemia

Regular follow-up (CT PNS every 15 days to 1 month)

Amphotericin B administration protocol

Drugs	Recommended Dose	Duration
Amphotericin B	1.0-1.5 mg/kg/day	14 to 21 days depending on severity
Liposomal Amphotericin B	5-10 mg/kg/day	

Pre-hydration:-

- 500ml Normal saline 2 hr before infusion Amphotericin B
- To reduces the risk of renal toxicity and hypokalaemia :- 500ml Normal Saline + 1 Amp (20mmol) KCL

Hydration:-

- Dilution: 1mg in 10 ml
- Always use 5% or 10% dextrose
- Avoid Normal saline
- 500 mL NS IV given pre infusion
- If fluid overloaded, use 250 mL pre/post or skip post-hydration
- If hyperchloremic, may use normosol instead of NS
- Protect from light during administration